

## **Mental Health Services**

The California Department of Mental Health provides free mental health treatment for Medi-Cal recipients. Other individuals may also be eligible for services. The Los Angeles County Department of Mental Health also provides clients with case management and support services to assist them in living within their communities.

### **What is the cost?**

Medi-Cal recipients may be eligible for services at no cost. Other eligible participants may be charged based upon a sliding scale, depending on income or ability to pay. Mental health providers and therapists can request a fee waiver if it would cause the participant hardship.

### **Contact Information:**

For referrals to outpatient health programs in a specific area, call 1-800-854-7771. For more information visit the County of Los Angeles Department of Mental Health website at <http://dmh.lacounty.gov>.

### **Other Programs:**

Adults, as well as children, who are disabled with developmental delays, autism, cerebral palsy, or epilepsy, may qualify for health care services and case management through California's Regional Centers. California residents who are undocumented may also be eligible for services.

There are seven Regional Centers in Los Angeles County. Referral information for these centers can be found at <http://www.arcanet.org/locations.html>.