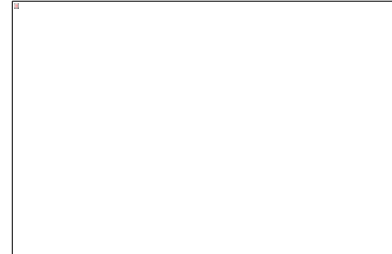


CHAMP-Net News

August 1, 2011 | Volume 5, Issue 8



CHAMP-Net is a program of the National Health Foundation (NHF).



Click [here](#) to visit NHF's website.

Welcome CHAMPers!

CHAMP-Net News was designed to keep CAAs and healthcare advocates in touch with healthcare programs and their updates. The newsletter also provides information on healthcare centered events, brings attention to services and programs offered in various California counties, and spotlights CHAMP trainings in order to further educate healthcare advocates. What better way to continue to stay informed than attending the 2011 California Partnership of Healthcare Advocates Conference (CPHA). This year the conference theme is *Navigating the New Health Laws: Your Role Today and Tomorrow*. The conference will be hosted in two cities, for Northern California healthcare advocates in Stockton on September 14, 2011 and for Southern California advocates in Rancho Cucamonga on September 28, 2011.

Registration for the conference is **NOW OPEN**.

To register for the conferences or find more information on the locations please visit [CHAMP-Net](#).

For further questions, please email Sonia Gándara at sgandara@nhfca.org.

In this month's issue of CHAMP-Net News, we highlight many more important topics of interest to health advocates including:

- [News & Events](#)
 - Health & Nutrition Mobile Office-Homeless Outreach Program Integrated Care Services
 - Living Well with a disability
 - Free Cognitive-Behavioral Therapy Consultation Clinic
- [Healthcare Program Update](#)
 - Coming Soon: New Dental Plan for Healthy

[Important Links/Information August 2011](#)

[2011-2012 Federal Income Guidelines \(FIG\)](#)

[IMPORTANT INFORMATION FOR MEDICAL SENIORS & PEOPLE WITH DISABILITIES](#)

[August 2011 CHAMP Training Schedule](#)

[Healthcare Program Options in Los Angeles County](#)



Have a question/
comment regarding
CHAMP-Net or CHAMP-
Net News? Please share
your suggestions by
contacting
the CHAMP team at
askthetrainers@champ-net.org
or 213.538.0774. We
look forward to hearing
from you!

[Quick Links](#)

[CHAMP-Net](#)

[Previous Newsletters](#)

[Ask The Trainers](#)

Spotlight on:

[South Los Angeles
Integrated Delivery
Network Stakeholder
Convening](#)

*Each month CHAMP-Net
News highlights a
current NHF project*

On July 14, 2011, National Health Foundation (NHF) facilitated a convening of stakeholders representing a diverse group of healthcare entities and agencies in South Los Angeles. The convening was the first in a series to be conducted by NHF in partnership with The California Endowment, aimed at informing and engaging stakeholders in a process to develop an

Families!

- [CHAMP-Net's Tip of the Month](#)- NO SHOT, NO SCHOOL: Talk to families about the New school Law!
- [Ask the Trainer Question](#)
- [CHAMP Training](#) - CHAMP Adult Training
- [CHAMP-Net's County of the Month](#) - San Joaquin

Best,
Sonia Gándara, Program & Education Specialist

News and Events

Health & Nutrition Mobile Office - Homeless Outreach Program Integrated Care Services

Los Angeles County residents are invited to join the Department of Public Social Services in their efforts to create a better and healthier Los Angeles with their Health & Nutrition Mobile Services. Especially targeting the Los Angeles homeless population, eligibility workers will be taking CaFRESH and Medi-Cal applications on site.

Date: August 8, 2011
Time: 9:00 am to 2:00 pm
Location: 5717 S. Broadway, Los Angeles, CA 90037

Living Well with a Disability

L.A. Care Health Plan is hosting a 7-week workshop series on health and wellness, specifically on living with a disability. During the seven weeks, participants will learn how to set goals, problem solve, what is healthy communication, and nutrition. For more information please visit the L.A. Care [website](#).

Date: August 3, 2011- September 14, 2011
Time: 1:00 pm to 3:00 pm
Location: 3180 E. Imperial Highway, Lynwood, Ca 90262

Free Cognitive-Behavioral Therapy Consultation Clinic

The Southern California Counseling Center is offering Cognitive Behavioral Therapy (CBT) consultations from experienced mental health counselors. CBT treatment is used for patients with depression, anxiety, panic and social disorders, phobias, family and marriage problems, grief and loss. For more information on the Clinic or Counseling Center please visit their [website](#).

Date: August 7, 2011
Time: 2:00 pm to 6:00 pm
Location: 5615 W. Pico Blvd, Los Angeles, Ca 90019

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Healthcare Coverage Program Update

Coming Soon: New Dental Plan for Healthy Families!

integrated health delivery network for South Los Angeles. The goal of the meeting was to introduce the project's goals and objectives to stakeholders; report on results of key stakeholder interviews; address potential integrators which might be used to facilitate coordination across emerging healthcare delivery systems in SPA 6; and solicit input from participants on next steps. Forty one stakeholders represented community clinics, private hospitals, LA County hospitals and clinics, community-based organizations, county officials, physician groups, health plans, and funders. Following the presentation by NHF (which can be downloaded at www.nhfca.org/slaidn), participants had the opportunity to ask questions and comment, after which participants participated in smaller work groups to answer four key questions and to discuss next steps.

For more information about this project, visit the project website, www.nhfca.org/slaidn, or contact Brooke Fox, Program Director, at bfox@nhfca.org.

As of October 1, 2011, the Healthy Families program will offer a new dental plan in thirty-three (33) counties: DeltaCare USA. DeltaCare USA is offered by Delta Dental as a Limited Dental Plan (LDP) option. This means that children do not have to be enrolled in the program for 24 consecutive months to choose DeltaCare USA.

DeltaCare USA will be available in the following counties starting October 1, 2011: Alameda, Amador, Butte, Contra Costa, El Dorado, Fresno, Imperial, Kern, Kings, Los Angeles, Madera, Marin, Merced, Monterey, Napa, Orange, Placer, Riverside, Sacramento, San Bernardino, San Diego, San Francisco, San Joaquin, San Mateo, Santa Barbara, Santa Clara, Shasta, Solano, Sonoma, Stanislaus, Sutter, Tulare, Ventura.

For more information call the Healthy Families Program at 1-866-848-9166.

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CHAMP-Net's Tip of the Month: NO SHOT, NO SCHOOL: Talk to families about new school law!

In response to the high increase of pertussis in California during 2010, a new school immunization law now requires all students entering 7th through 12th grades in the 2011-2012 school year to be immunized with a pertussis (whooping cough) vaccine booster called Tdap.

Pertussis, also known as whooping cough, is a contagious disease that causes violent coughing fits making it hard to breathe. The symptoms can be severe and last for months. According to the *California Department of Public Health (CDPH)*, vaccination is the best defense against whooping cough. However, immunity from the vaccine wears off over time and pertussis booster vaccine rates in adolescents and adults continue to be low. As a result, the new Tdap immunization requirement will help protect students, schools and communities against pertussis.

The new requirement affects all students - current, new, and transfers - in public and private schools. The law has two phases:

- For the 2011-2012 school year, all students entering into 7th, 8th, 9th, 10th, 11th or 12th grades will need proof of a Tdap shot before starting school.
- For 2012-2013 and future school years, all students entering into 7th grade will need proof of a Tdap shot before starting school.

Help families beat the rush! Inform families of the new school law to help get kids vaccinated right away and before the start of school this fall. For more information, outreach material and other tools: visit www.shotsforschool.org. For a listing of clinics

that provide Free or low-cost immunizations, please click [here](#). Families can also call 1-800-427-8700 or dial 2-1-1, for FREE immunizations in their area.

NOTE: *CDPH is recommending that all Californians make sure that they are immunized against pertussis, especially if they are in contact with infants. CDPH has issued [Pertussis vaccination recommendations-2010](#) for health care providers to help with this effort.*

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Ask The Trainer Question of the Month

Dear trainer,

Where can I get help applying for my child using the Healthy Families & Medi-Cal application?

Jesse

Hi Jesse,

In Los Angeles County there are several contracted agencies through the Department of Public Health that are available for support and assistance to families using the Healthy Families & Medi-Cal for Families application. The agencies are listed in the [Free or Low-cost Health Coverage for Children](#) handouts by Service Planning Areas (SPA). First identify the SPA you reside in by referencing the [Cities and Communities of LA County by SPA](#) map then get into contact with one of the agencies in your area for help.

Hope this helps!

The CHAMP Team

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CHAMP Training: CHAMP Adult Training

The 2011-2012 CHAMP Adult Manuals are hot off the press and filled with up to date information on healthcare programs that specifically cater to the age community of 19-64. CHAMP's Adult training goes into depth on how to screen for eligibility for adult healthcare programs in Los Angeles County. The manual and training focus on programs like Medi-Cal, Healthy Way LA, ORSA, ATP, PPP, and the new PCIP. At the end of the training participants will be able to identify programs that can

best suit the families they service.

If you would like to participate or host a CHAMP Adult Training please contact Tricia Fitzgerald at (213) 538-0778 or tfitzgerald@nhfca.org

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CHAMP-Net's County of the Month: San Joaquin County

We are pleased to announce that this year, the **California Partnership of Healthcare Advocates (CPHA)** conference will be held in both Southern and Northern California. The Northern California conference will be held in San Joaquin County on **Wednesday, September 14th, 2011 at the Hilton Stockton**. For more information and to R.S.V.P please visit [CHAMP-Net](#).

We would like to highlight the following San Joaquin County programs available to county residents:

Child Passenger Safety Program - Car seat safety classes are offered to educate parents and caregivers on the state law and the correct use of child safety seats. Classes are conducted by a nationally Certified Passenger Safety Technician and are free to all residents of San Joaquin County. After completion of a class, the participants have the option of purchasing a child safety seat at a reduced cost. To register for a class or for more information, call (209) 468-8914.

- The English speaking classes are held every Wednesday at 11:00 am or 1:30 pm at 420 South Wilson Way, Stockton, CA 95205.
- The Spanish speaking Class is conducted on the 2nd Thursday of each month at 2:30 pm at 1601 E. Hazelton Ave. Stockton, CA 95205.

Nutrition and Physical Activity (The Network for a Healthy California) - This program empowers low-income San Joaquin county residents to increase fruit and vegetable consumption, physical activity and food security with the goal of preventing obesity and other diet-related chronic diseases. Education and outreach is used to assist behavior change in homes, schools, worksites, and communities to create environments that support fruit and vegetable consumption and are conducive to an active, healthy lifestyle. For more information or to schedule a presentation, call (209) 468-3368.

Adolescent Programs - Case management services are available for teens who are pregnant or parenting a child. Participants are linked to nutritional, medical, educational and psychological services as needed. For information or to

refer a teen, call (209) 468-3880.

Public Health Nurse Home Visits- Home visits are provided for high risk families and infants for care referrals and coordination, developmental assessments and parent education. For more information, call (209) 468-3004.

Black Infant Health Program- Offers social support, case management, referral and assistance into care for eligible high risk families and infants up to one year of age. For information or referrals, call (209) 468-3004.

Child Health and Disability Prevention Program (CHDP) - State program providing resources for children (up to age 21) living in San Joaquin County to receive preventive health care. For information click [here](#) or, Call (209) 468-8335.

Clinical Services Programs- provides childhood, influenza and travel immunizations, examinations to identify and treat sexually transmitted diseases, patient education, contact interviews and follow-up. These services are provided at the following public health clinics:

- Lodi Health Center: 300 West Oak Street, Lodi, CA (209) 331-7303 or 1-800-839-4949
- Manteca Health Center: 124 Sycamore Avenue, Manteca, CA. (209) 823-7104 or 1-800-839-4949
- Stockton Health Center: 1601 E. Hazelton Ave, Stockton, CA (209) 468-3830

For more information on these and other County programs, visit the [San Joaquin County Public Health Services](#).

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NHF is an independent, charitable, tax-exempt 501(c)(3) corporation dedicated to improving and enhancing the healthcare of the underserved by developing and supporting innovative programs that 1) can become independently viable, 2) provide systemic solutions to gaps in healthcare access and delivery and that 3) have the potential to be replicated nationally.