

# CHAMP-Net News

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CHAMP-Net is a program of the National Health Foundation (NHF).



Click [here](#) to visit NHF's website.

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*December 2010*

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Hello CHAMPers!

Looking back at 2010, it was a year that brought both hope and uncertainty for many health advocates and the families we serve.

Swine flu, also known as the H1N1 virus, started with a bang but ended 2010 with a whimper, with the [World Health Organization](#) declaring the virus in the 'post-pandemic' phase. Still, if the swine flu scare left us with anything, it was a heightened awareness of flu prevention practices and the notion of importance of accessing preventive care and what it provides. Also, after decades of debate, health care reform became a reality this year in the form of new benefits and rights for many children, adults and families under [The Patient Protection and Affordable Care Act](#) signed into law in March by President Barack Obama. From swine flu to health care reform, this was an eventful year for health care at the national level!!

As we near a new year, the CHAMP Team would like to acknowledge all the great work accomplished in enrolling and keeping families in healthcare coverage programs despite the many challenges this year. Health advocates play an important role in strengthening our health care system to make it work for most families. Our work will continue in the coming months as we help families navigate and understand the health care opportunities that are and soon will be available. However, until then ...

from the CHAMP family to yours, HAPPY HOLIDAYS!!!!

In this month's issue of CHAMP-Net News, we highlight many more important topics of interest to health advocates including:

- [News & Events](#)
  - 2nd Annual South LA Health & Human Rights Conference
  - Free Health Screenings for Los Angeles City Residents



Have a question/  
comment regarding  
CHAMP-Net or CHAMP-  
Net News? Please share  
your suggestions by  
contacting  
the CHAMP team at  
[askthetrainers@champ-net.org](mailto:askthetrainers@champ-net.org)  
or 213.538.0774. We  
look forward to hearing  
from you!

#### [Quick Links](#)

[CHAMP-Net](#)

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[Ask The Trainers](#)

*Spotlight on:  
**[NHF is Awarded a Grant  
from West Coast  
University for the  
Recuperative Care  
Program in Los Angeles  
County](#)**  
Each month CHAMP-Net  
News highlights a  
current NHF project.*

The Recuperative Care Program provides post-hospital healthcare services to homeless patients transitioning out of an acute care hospital. The patient is provided: basic medical oversight and custodial care; a clean and safe environment for an average of 10 days in order to recover;

- [Healthcare Coverage Program Update](#)
  - Medi-Cal Reinstate Optometry Services for Adult Beneficiaries
- [Healthcare Reform Update](#)
  - California Launches Health Care Reform Website
- [CHAMP-Net's Tip of the Month](#)
  - Healthy Kids Program in Los Angeles Application Form
- [Ask the Trainer Question](#)
- [CHAMP Training](#) - Programs for Pregnant Women
- [CHAMP-Net's County of the Month](#) - Mariposa

Best,

Jeanette Peña, Program & Education Specialist

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## News and Events

### **2nd Annual South Los Angeles Health & Human Rights Conference**

On December 10, 2010 - International Human Rights Day - a broad-based coalition in south Los Angeles, a community whose health has been marred by a long history of inequity and neglect, will highlight homegrown solutions, explore international partnerships, and demonstrate the effectiveness of community-led, place-based, and results-oriented approaches to healthier communities and human rights.

Location: 5701 S. Hoover Street, Los Angeles, CA 90037

Date: December 10, 2010

For more information & to register, please visit the [South Los Angeles Health and Human Rights](#) website.

### **Free Health Screenings for LA City Residents**

FamilySource -Cypress Park is hosting free Health Screenings for Los Angeles residents that have low to moderate income. The Cypress Park FamilySource Center has partnered with Arroyo Vista Family Health Center to provide: Vision Screenings, Hearing Tests, Blood Pressure Checks, Height/Weight, and HIN1 Vaccines (limited to availability). The FamilySource Center - Cypress Park is a one-stop community resource hub offering *FREE* services and programs for Los Angeles city residents to help

connection to social services and transitional or permanent housing programs.

[West Coast University](#), one of the largest nursing educators in California, has awarded NHF a \$50,000 grant to help launch the Los Angeles Recuperative Care Program. This grant will pay the first one thousand dollars (\$1,000) of utilization for the first 40 Los Angeles hospitals who use the program starting November 1, 2010.

For more information, please contact Elizabeth Yang, Director of Recuperative Care Programs at [eyang@nhfca.org](mailto:eyang@nhfca.org).

improve family and individual income and youth academic success. Please provide your proof of address, income and photo identification.

Location: FamilySource Center - Cypress Park, 929 Cypress Ave. Los Angeles, CA. 90065

Dates: December 16, 2010

Time: 9:30 a.m. - 12:00 p.m.

For more information please call 323-226-1682 or Arroyo Vista Family Health Center 323-987-2028.

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## Healthcare Coverage Program Update

### Medi-Cal Reinstates Optometry Services for Adult Beneficiaries

As of July 26, 2010 the Department of Health Care Services (DHCS) reinstated optometry services as a Medi-Cal covered benefit for adult beneficiaries 21 years of age and older under the Medi-Cal program. Optometry services include routine eye examinations, office visits, and certain diagnostic, ancillary and supplemental procedures used for the evaluation of the visual system. *Note: services relating to the supply, replacement or repair of eyeglasses and other eye appliances will remain non-covered benefits for adult Medi-Cal beneficiaries.*

In addition, as part of the reinstatement process, providers are required to reimburse eligible Medi-Cal beneficiaries for their paid out-of-pocket expenses for covered services that should have been billed to and paid for by Medi-Cal. Medi-Cal beneficiaries were notified by DHCS of the above policies by mail in October 2010.

For more information visit the Department of Health Care Services [website](#).

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## Healthcare Reform Update

### California Launches Health Care Reform Website

In order to share information about how California is implementing the Federal Patient Protection and Affordable Care Act, the state has launched the online resource, [healthcare.ca.gov](http://healthcare.ca.gov). The site focuses on the major tasks the state will undertake to implement health care reform and provides information about upcoming changes to health care coverage, delivery and access in California.

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## CHAMP-Net's Tip of the Month: Healthy Kids

## Program in Los Angeles Application Form

In Los Angeles County, the Healthy Kids Program is open for enrollment to children ages 0-5. When applying for the program, it is very important to use the most current version of the application. Families and CAAs should only use the **2009-2010 application**. To request the current version of the application, complete and submit this [form](#) to LA Care.

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## Ask The Trainer Question of the Month

*Dear Trainer,*

I submitted the Joint Application for Healthy Families and Medi-Cal but I would like to know the status on my application. Is there a phone number I can call to follow up and what information do I need to have when I call?

*Sincerely,*

*Jesse*

Hi Jesse,

The Healthy Families Call Center has an Integrated Voice Response (IVR) System, which allows families to follow up on the status of their application and/or billing information. When you call the Healthy Families Call Center, the IVR System will authenticate your call through the phone number from which the call is being placed; you may also enter the Family Member Number (FMN) or the Application Barcode, which is listed on the application itself. If the phone number you have placed the phone call is not the number in which is listed on the application, you may also enter an alternative number and zip code to authenticate your call. The Healthy Families Call Center phone number is 866-848-9166.

Hope this helps!

Sincerely,

The CHAMP Team

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## CHAMP Training: Programs for Pregnant

## Women

Need to know what programs are available for pregnant women and don't know where to look? The CHAMP Team will customize its One-Hour Overview of healthcare coverage options to provide program information and availability specifically for pregnant women. Programs covered will include Medi-Cal for Pregnant Women, the Minor Consent Program, Comprehensive Perinatal Services Program, Access for Infants & Mothers and the Child Delivery Plan.

If you are interested in this customized training or would like to discuss how the CHAMP Team can customize a training for your agency, please contact Tricia Fitzgerald at 213-538-0778 or [tfitzgerald@nhfca.org](mailto:tfitzgerald@nhfca.org).

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## CHAMP-Net's County of the Month: Mariposa

**County Medical Services Program (CMSP)** assists Mariposa County by providing health coverage for low-income, indigent adults, ages 21-64 that fit within the program eligibility limits and do not qualify for Medi-Cal. This program allows these underserved adults to have medical, dental and vision coverage for three to six month certification periods. To apply, please visit the C4Yourself online application by clicking [here](#) or by calling 209-966-3222 or visiting a county office to request an application. For more information on CMSP click [here](#).

**Mariposa County Care Clinics** offer immunizations, Child Health & Disability Prevention program, family planning, tobacco cessation, travel consultation, and emergency preparedness as well as testing for: HIV, sexually transmitted diseases, pregnancy, and tuberculosis. For more information regarding locations, schedules, and times please click [here](#).

**Smart Start or Prenatal Care Guidance Program (PCG)** is a home-based program for Mariposa residents who are pregnant or have children in their home younger than 5. At no cost to the family a Health Department Nurse will visit the home and help with pregnancy, reducing the risk of illness and injury, improving the physical, intellectual, and emotional growth of the child, and healthcare services and community resources, amongst other services. For more information call 209-966-3689 or 800-459-4466 or visit the [Smart Start](#) county page.

**Breast and Cervical Cancer Treatment Program** reaches out to women over 40 years of age who because of financial or insurance limitation are not able to receive annual breast exams, mammograms, or pelvic exams. For more information call 209-966-0850.

**Alcohol and Drug Services** provide individual and group treatment for substance abuse concerns and non-residential recovery homes. Group treatments include substance abuse, co-dependency, DUI and Drug Court programs, Prop 36, domestic violence and dual diagnosis. For more information call 209-966-2000 or 800-549-6741.

**California Children's Services (CCS)** provides children with eligible medical conditions diagnosis, treatment services, medical case management, and physical and occupational therapy services. These services are for children from birth to 21 years of age and for children who are suspected of having a medically eligible condition. For more information call 209-966-3689.

**Child Health and Disability Prevention Program (CHDP)** offers free regular health and dental check-ups, immunizations for children with Medi-Cal (0-21 years) and for low to middle income families (0-19 years). CHDP helps families who do not have Medi-Cal treat and pay for services needed during and as a result of the check-up. For more information call 209-966-3689 or 800-459-4466.

**Dental Health Program** is funded through First 5 and targets children from 0-5 years old who are Mariposa residents. This program educates parents on the importance of dental health, on the prevention of gum disease and tooth decay, and provides dental treatment if needed. A dentist will visit the child and demonstrate proper dental hygiene, provide educational materials, tooth brushes, floss dental timer, and perform a mouth inspection, if needed. For more information and to learn how to apply call 209-966-3689 or 800-459-4466.

For more information on other community health services in Mariposa County please click [here](#).

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NHF is an independent, charitable, tax-exempt 501(c)(3) corporation dedicated to improving and enhancing the healthcare of the underserved by developing and supporting innovative programs that 1) can become independently viable, 2) provide systemic solutions to gaps in healthcare access and delivery and that 3) have the potential to be replicated nationally.