

# CHAMP-Net News

February 1, 2011 | Volume 5, Issue 2



CHAMP-Net is a program of the National Health Foundation (NHF).



Click [here](#) to visit NHF's website.

[Important Links/Information February 2011](#)

[IMPORTANT INFORMATION FOR CALIFORNIAKIDS](#)

[February 2011 CHAMP Training Schedule](#)

[Healthcare Program Options in Los Angeles County](#)

[Every Woman Counts Program Reopen](#)

Hello CHAMPers!

SMILE! February is National Children's Dental Health Month. Starting good dental health habits at an early age and scheduling regular dental visits helps children keep their teeth and gums healthy for life. As CAAs and advocates, we are often the first contact families have with the healthcare system. We have a unique opportunity to talk to parents and caregivers about the importance of keeping their children's teeth and gums healthy and how to do that. This means:

- brushing their teeth in the morning and before bed,
- flossing daily,
- eating healthy foods and avoiding sugary snacks and beverages, and,
- visiting the dentist at least once a year for check-ups

If your clients don't have dental coverage or don't know where to go for dental care, you can help them by determining whether they are eligible for coverage and helping them find a dentist in their area who accepts the kind of insurance they have or provides care for no or low cost. For more information about the importance of oral health and how to connect families with dental care, click [here](#). For resources from the American Dental Association about the 2011 National Children's Dental Month Campaign, click [here](#).

In this month's issue of CHAMP-Net News, we highlight many more important topics of interest to health advocates including:

- [News & Events](#)
  - 2011 California Partnership of Healthcare Advocates (CPHA) Regional Conferences
- [CHAMP-Net's Tip of the Month](#) - Under the New ACA Young Adults Can Still Be Covered!
- [Ask the Trainer Question](#)
- [CHAMP Training](#) - Utilization & Retention
- [CHAMP-Net's County of the Month](#) - Del Norte



Have a question/  
comment regarding  
CHAMP-Net or CHAMP-  
Net News? Please share  
your suggestions by  
contacting  
the CHAMP team at  
[askthetrainers@champ-net.org](mailto:askthetrainers@champ-net.org)  
or 213.538.0774. We  
look forward to hearing  
from you!

#### [Quick Links](#)

[CHAMP-Net](#)

[Previous Newsletters](#)

[Ask The Trainers](#)

*Spotlight on:  
**Southern California  
Patient Safety  
Collaborative January  
2011 Colloquium**  
\_Each month CHAMP-Net  
News highlights a  
current NHF project.*

HASC and Anthem Blue Cross partnered to host the Southern California Patient Safety Collaborative Colloquium on Jan. 18. This year's event drew a standing-room only crowd with 510 attendees from 118 organizations at the Hilton Long Beach Hotel and Conference Center. In its third year, the Colloquium brings

Best,

Brooke Fox, Program Director

---

## News and Events

### [2011 California Partnership of Healthcare Advocates \(CPHA\) Regional Conferences](#)

To ensure statewide participation from Certified Application Assistants (CAAs), Community Health Workers, Promotoras, and other healthcare advocates, there will be two regional 2011 California Partnership of Healthcare Advocates (CPHA) Conferences, one in Northern CA and one in Southern CA, during September. Please stay tuned for additional information.

In preparation for the 2011 CPHA Conferences, we are asking all Certified Application Assistants and other healthcare advocates to take approximately 10 minutes to complete the following survey. The information provided is confidential and will be used to develop workshop sessions for the conferences.

To complete the survey, please click [here](#). The deadline is **Monday, February 28th**. If you have any questions about the survey, please contact Catherine Sepulveda, Community Health Councils at [catherine@chc-inc.org](mailto:catherine@chc-inc.org) or 323.295.9372.

Thank You!

*2011 CPHA Conferences Planning Committee*

[Back to top](#)

---

## CHAMP-Net's Tip of the Month: Under the ACA Young Adults Can Still Be Covered!

Did you know...

- One out of every five uninsured is a young adult
- Approximately 30% of young adults are uninsured making them the highest rate of uninsured of any age group
- Young adults have the lowest access to employer based insurance since when they transition to the job market they often have entry level jobs that typically do not offer employer based health insurance
- One in six young adults have a chronic illness like cancer, diabetes, or asthma and are in need of health care coverage to help pay for their medical expenses

As a result of changes to our health care system under the Affordable Care Act (ACA), starting September 23, 2010 young adults are allowed to stay on their parents' health plan until they

together a cross section of health care professionals for a day-long learning and networking opportunity. Attendees could choose three sessions from a selection of 24 topics in eight tracks ranging from sepsis treatment and prevention to medication safety and continuum of care issues.

This year's event also featured three nationally recognized keynote speakers addressing ways to improve patient safety through cultural change, patient-centered care and quality service. Keynote speaker Dr. Michael Leonard of Pascal Metrics in Boston opened the day with his presentation *Cultural Change and Patient Safety*, highlighting the "sacred work" of health care professionals and the importance of creating a safe place to institute change in the hospital setting. Jim Conway, also of Pascal Metrics and an IHI Fellow, followed with *Patient-Centered Care*, and a focus on how to effectively engage patients and their families in the care process.

The day ended with a presentation by the Disney Institute's Tom Madden on *Disney's Approach to Quality Service for Healthcare Professionals*, pointing out key touchstones for

turn 26. This rule pertains to all dependants under the age of 26 whether or not they are: married, living with their parents, enrolled in school or financially dependent on their parents.

This change applies to all plans in the individual market, new employer plans and existing employer plans unless the young adult is offered their own employer provided insurance. For plans or policies beginning on or after September 23, 2010, plans must give young adults who qualify the opportunity to enroll for at least **30 days** regardless if the plan or policy holds an open enrollment period. Any qualified young adult must be offered all of the benefit packages available to children who did not lose coverage because of loss of dependent status. The qualified young adult cannot be required to pay more for coverage than similarly situated individuals who did not lose coverage due to the loss of dependent status.

For more questions regarding the Affordable Care Act, visit the [Frequently Asked Questions](#) or the [Fact Sheet](#). For more information in Spanish about the Affordable Care Act, please visit [Cuidadodesalud.gov](#).

[Back to top](#)

---

## Ask The Trainer Question of the Month

*Dear Trainer,*

I'm recently unemployed and cannot afford to pay my COBRA premiums. I am 26 years old and currently have a pre-existing condition. I reside in Los Angeles County. What programs are available for people who have a pre-existing condition?

*Sincerely,*

Jesse

Hi Jesse,

Thank you for your question. There are currently two programs specifically for individuals who have a pre-existing condition: [MRMIP](#) (Major Risk Medical Insurance Program) and [PCIP](#) (Pre-Existing Condition Insurance Program). Although both programs cover individuals with pre-existing conditions, each has unique eligibility requirements:

- **For MRMIP, applicant:**
  - Must be a California Resident
  - Cannot be eligible for Medicare Part A and Part B, unless solely because of end stage renal disease
  - Cannot be eligible to purchase any health insurance for continuation of benefits under

quality service in health care: courtesy, efficiency and safety.

Each year, the Colloquium provides a forum for peer-to-peer learning, networking and sharing of best practices to improve patient safety and clinical outcomes in three key areas: sepsis, infection prevention and perinatal safety.

For more information contact Mia Arias at [marias@nhfca.org](mailto:marias@nhfca.org)

- Cobra or Cal-Cobra
- Must be unable to secure adequate coverage
- **For PCIP, applicant must meet the the same criteria above AND:**
  - Must be a U.S. Citizen, National or lawfully present
  - Cannot have had health insurance coverage within the last 6 months including Cobra or Cal-Cobra

For more information on these programs, please visit the PCIP [website](#) for more program comparisons and the program application.

Since you reside in Los Angeles County, there are county programs that you may be eligible for such as the Outpatient Reduced-Cost Simplified Application (ORSA), Ability-To-Pay (ATP) Program and/or The Private/Public Partnership (PPP). All three programs are county programs and can be accessed by visiting a county clinic or hospital. Please see [Healthcare Coverage Programs in Los Angeles](#) which provides additional information about these programs.

Hope this helps!

Sincerely,

The CHAMP Team

[Back to top](#)

---

## CHAMP Training: Utilization & Retention

Keeping up with one's preventive care is as crucial as going to the doctor when someone is sick. Preventing an illness is the key to healthy living; that is why utilizing and retaining healthcare coverage is as important as enrolling into a healthcare program. The CHAMP Utilization and Retention Training helps health advocates stay up to date with the different forms, processes, and changes to each program's coverage. The training focuses on public and private managed care systems, the appeals process for families who need to re-enroll, and troubleshooting with families who are about to lose their benefits as well as keeping families informed on the importance of dental, vision, and health check-ups to a child's growth. For more information about this training, please contact Tricia Fitzgerald at 213.538.0778 or [tfitzgerald@nhfca.org](mailto:tfitzgerald@nhfca.org).

[Back to top](#)

---

## CHAMP-Net's County of the Month: Del Norte

Del Norte County Department of Health and Human Services provides public health, mental health, public assistance/employment and training, and social services for its residents. The Public Health Branch offers programs for children, teens and adults to promote and maintain health. Some of the programs offered include:

**Friday Night Live** builds partnerships for positive and healthy youth development which engage youth as active leaders and resources in their communities. Activities include opportunities for community engagement; leadership and advocacy; building caring and meaningful relationships with peers and adults; engaging in interesting and relevant skill development activities; and developing healthy personal attitudes and behavior. For more information, call (707) 464-3191.

**Immunization services** in Del Norte County include regularly scheduled immunization clinics, pregnancy testing, and tuberculosis testing and results counseling. For hours and more information click [here](#) or call 707-464-7227 ext. 268 or ext. 272 or ext. 307.

**Comprehensive Perinatal Services Program (CPSP)** is a state program that provides additional health, nutrition, and psychosocial education and support for pregnant women. Pregnant and postpartum (after delivery) women who are eligible for Medi-Cal are eligible may receive services through CPSP. For more information contact the Perinatal Services Coordinator at 707-464-3191.

**Maternal, Child and Adolescent Health (MCAH)** offers a spectrum of programs and services to assure access to a comprehensive, quality health care system by focusing on prevention and early intervention strategies. For more information and referrals, call 707-464-3191.

**Child Health and Disability Prevention Program (CHDP)** provides for the early detection and prevention of disease in children. If a condition is discovered, referral and follow-up assistance is provided. The local administration office offers outreach, education, basic information and referral, provider relations and quality assurance/care coordination for medical providers. Children enrolled in Medi-Cal (0-21 years old) or who meet income eligibility guidelines (0-19 years old), who are enrolled in the Federal Head Start or State Preschool Program, or are in foster care are eligible to receive well-child exams through CHDP. For more information, call 707-464-3191 ext. 271.

The **California Children's Services (CCS) Program** coordinates and authorizes specialized medical care and provides

rehabilitation for children with special health care needs, from birth to 21 years of age, who have a CCS eligible medical condition, that are physically disabling, or that need to be treated with medicines, surgery, or rehabilitation, and meet income eligibility guidelines. Eligible clients receive diagnostic evaluation; treatment services; occupational and physical therapy; and medical case management. For more information, call 707-464-3191, ext. 270.

To locate local clinics and hospitals in Del Norte County, click [here](#).

[Back to top](#)

---

NHF is an independent, charitable, tax-exempt 501(c)(3) corporation dedicated to improving and enhancing the healthcare of the underserved by developing and supporting innovative programs that 1) can become independently viable, 2) provide systemic solutions to gaps in healthcare access and delivery and that 3) have the potential to be replicated nationally.