

CHAMP-Net News

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CHAMP-Net is a program of the National Health Foundation (NHF).



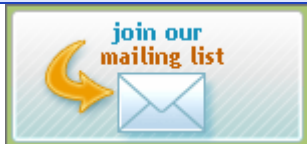
Click [here](#) to visit NHF's website.

[Important Links/Information](#)
March 2011

[IMPORTANT INFORMATION FOR MEDICAL SENIORS & PEOPLE WITH DISABILITIES](#)

[March 2011 CHAMP Training Schedule](#)

[Healthcare Program Options in Los Angeles County](#)



Have a question/
comment regarding

Hello CHAMPers!

March is National Colorectal Cancer Awareness Month. Colorectal cancer, cancer of the colon or rectum, is one of the most common diagnosed cancers in the United States. It's as common in women as it is in men. This year, over 142,500 people will be diagnosed with colorectal cancer. While we should be vigilant year round about colorectal cancer screening and education, the month of March can provide an important platform to focus our advocacy and education efforts to assist families in utilizing their benefits to get screened.

According to the Centers for Disease Control and Prevention, Individuals should begin screening for colorectal cancer soon after turning 50 and then continue getting screened at regular intervals. However, individuals may need to be tested earlier or more often if:

- They or a close relative have had colorectal polyps or colorectal cancer; or
- They have inflammatory bowel disease.

Many health coverage programs, including Medicare, help pay for colorectal cancer screening tests. Help families check with their health plan to find out which tests are covered for them. Use the [Colorectal Cancer Screening Saves Lives](#) brochure as a tool to help families understand the importance for Colorectal Cancer Screening! For more information on Colorectal Cancer Awareness Month, please click [here](#).

In this month's issue of CHAMP-Net News, we highlight many more important topics of interest to health advocates including:

- [News & Events](#)
 - Health & Nutrition Mobile Office - Van Nuys
 - 2011 California Partnership of Healthcare Advocates (CPHA) Regional Conferences
 - Medi-Cal Managed Care for Seniors & People with Disabilities - *FREE* Community Presentations
- [Healthcare Coverage Program Update](#)
 - *NEW* Medi-Cal Rules for People with Disabilities & Seniors
 - Optometry Benefits for Medi-Cal Beneficiaries

CHAMP-Net or CHAMP-Net News? Please share your suggestions by contacting the CHAMP team at askthetrainers@champ-net.org or 213.538.0774. We look forward to hearing from you!

Quick Links

[CHAMP-Net](#)

[Previous Newsletters](#)

[Ask The Trainers](#)

*Spotlight on:
[NHF Develops New Teen Pregnancy Prevention Curriculum](#) Each month
CHAMP-Net News
highlights a current NHF project*

In July, NHF began development of a new teen pregnancy prevention curriculum targeting at-risk adolescent girls attending LAUSD high schools. One in four California high school students - and one in three Los Angeles Unified School District (LAUSD) students - dropped out of school during the 2006-07 year, a figure that continues to grow with no signs of a reverse trend. While there are numerous factors contributing to this escalating dropout rate, one third of female dropouts say that pregnancy or becoming a parent played a role in their decision to leave school. Consequences faced include higher rates of unemployment, low earnings, poorer health and

Reinstated & Reimbursement Available Until May 1st

- [Affordable Care Act \(ACA\) Updates](#)
 - Facebook Can Help Young Adults with Insurance Coverage
- [CHAMP-Net's Tip of the Month](#) - Remember: 2010-2011 Federal Income Guidelines Will Expire March 31st!
- [Ask the Trainer Question](#)
- [CHAMP-Net's County of the Month](#) - Modoc

Best,

Jeanette Peña, Program & Education Specialist

News and Events

Health & Nutrition Mobile Office - Van Nuys

Los Angeles County Residents are invited to L.A. Mission College for an enrollment event! Eligibility workers will be providing information and applications for Medi-Cal and CalFresh Programs.

Date: March 16, 2011

Time: 9:00 a.m. to 2:00 p.m.

Location: L.A. Mission College, 11623 Glenoaks Blvd., Pacoima, CA 91331

2011 California Partnership of Healthcare Advocates (CPHA) Regional Conferences

To ensure statewide participation from Certified Application Assistants (CAAs), Community Health Workers, Promotoras, and other healthcare advocates, there will be two regional 2011 California Partnership of Healthcare Advocates (CPHA) Conferences, one in Northern CA and one in Southern CA, during September. Please stay tuned for additional information.

In preparation for the 2011 CPHA Conferences, we are asking all Certified Application Assistants and other healthcare advocates to take approximately 10 minutes to complete the following survey. The information provided is confidential and will be used to develop workshop sessions for the conferences.

There's still time! To complete the survey, please click [here](#). The deadline is Monday, March 18th. If you have any questions about the survey, please contact Catherine Sepulveda, Community Health Councils at catherine@chc-inc.org or 323.295.9372.

Thank You!

2011 CPHA Conferences Planning Committee

Medi-Cal Managed Care for Seniors and People with

more reliance on public support. The social and economic costs of teen pregnancy and childbearing are both significant and far-reaching. *Go Harold's Way: Be a STAR* (Successful Teens Acting Responsibly) addresses the critical need for education and support services to reach adolescent girls at the greatest risk for pregnancy and subsequent dropout before they get pregnant, ultimately breaking the cycle of teenage pregnancy.

The program follows the successful model of NHF's *Harold Cares about Your Future: Pregnant Teen and Parenting Support Program*, a school-based program incorporating weekly peer group workshops and presentations, individual services, and strong linkages to community resources. *Be a STAR* aims to reduce the incidence of pregnancy among participating teens, thereby improving high school graduation/ completion rates and connecting them to health and social services and resources in their communities. The pilot project launched in February 2011 at Jefferson High School and Santee Education Complex and will also be piloted by NHF's partner ONEgeneration at James Monroe High School. The project is generously funded by the Harold Edelstein Foundation.

For more information, please contact Brooke Fox, Program Director, at 213-538-0774 or bfox@nhfca.org

Disabilities - FREE Community Presentations

People with disabilities and seniors who have Medi-Cal only (not Medicare) are encouraged to come to a free presentation to learn about Medi-Cal changes. In 2011 or 2012, you will probably need to enroll in a Medi-Cal Health Plan. Very few people can stay in Regular Medi-Cal. Learn about the Medi-Cal Health Plans and when and how to enroll in one. Please click [here](#) to view county presentation fliers.

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Healthcare Coverage Program Updates

NEW Medi-Cal Rules for People with Disabilities & Seniors!

In an effort to achieve care coordination, better manage chronic conditions and improve health outcomes, the Department of Health Care Services will require most seniors and persons with disabilities on Medi-Cal only (not Medicare) to enroll in a Medi-Cal Health Plan. This month, some beneficiaries will receive notification letters (based on their birthday month) explaining the changes to their Medi-Cal coverage. Enrollment of seniors and persons with disabilities will begin June 2011. More information is provided about the [enrollment and notification process](#) and the [notification letters](#) beneficiaries will receive. For further details, please visit the Department of Health Care Services [website](#).

Optometry Benefits for Medi-Cal Beneficiaries Reinstated & Reimbursements Available Until May 1st

In July 2010, Medi-Cal reinstated optometry benefits for adult Medi-Cal beneficiaries. If an adult Medi-Cal beneficiary paid **out of pocket** for an eye test (not eyeglasses) during July 1, 2009 through July 29, 2010, they may be eligible to be reimbursed until May 1st, 2011 if:

- At the time of the eye exam, the person was a Medi-Cal beneficiary,
- Went to a Medi-Cal provider for the eye exam,
- Has receipts or documentation of their visit,

AND

- What was paid at the visit was not part of share of cost or Medi-Cal co-payment.

Individuals can ask the Medi-Cal provider to reimburse the cost of the eye exam and to bill Medi-Cal for the eye exam. If the doctor refuses or is no longer in business, individuals can submit a request to the Department of Health Care Services (DHCS) on or before May 1, 2011. Requests submitted after May 1st will not be eligible to receive reimbursement for an eye exam. Please click [here](#) to view the notice from DHCS or visit their [website](#).

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Affordable Care Act (ACA) Updates

Facebook Can Help Young Adults with Insurance Coverage

In order to help young adults find affordable, appropriate coverage, HealthCare.gov launched a new Facebook page to inform young adults and their parents about steps to take to stay insured. To check out the new page on Facebook, young adults and their parents should visit:

<http://www.facebook.com/YoungAdultCoverage>.

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CHAMP-Net's Tip of the Month: Remember! 2010-2011 Federal Income Guidelines Will Expire March 31st!

It's that time of the year again! The Federal Income Guidelines (FIG) are update annually, every April 1, and are good through March 31 of the following year. This is also the time when the CHAMP Team encourages all CAAs and health outreach workers to check and recheck materials to ensure that we are providing our families with the most current information possible. Please be sure to check to the CHAMP-NET website for program information and news alerts that will contain updates on the 2011-2012 Federal Income Guidelines.

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Ask The Trainer Question of the Month

Dear Trainer,

Is CaliforniaKids available in Ventura County? If so, what is the cost?

Sincerely,

Jesse

Hi Jesse,

Thank you for your question.

Yes; CaliforniaKids (CalKids) is currently available in Ventura County. CalKids requires a premium payment of \$75/per month, per child and a one-time application processing fee of \$10. Please note that the processing fee, plus the first and second month's premium is due with the application (for every child that is seeking coverage).

For more information about CalKids and/or for an application form and instructions, please visit www.californiakids.org or www.champ-net.org.

Hope this helps!

Sincerely,

The CHAMP Team

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CHAMP-Net's County of the Month: Modoc

Modoc County Health Services is an agency consisting of four departments: Public Health, Behavioral Health, Alcohol and Drug Services, and Environmental Health. The Public Health Department offers programs and services for children, teens and adults to promote and maintain health. Some of the programs offered include:

Immunization services in Modoc County include regularly scheduled childhood immunization clinics. For location and more information click [here](#) or call toll free 1-800-762-3003 or 530-233-6311. Other local providers who give childhood immunizations by appointment only can be found [here](#).

The **California Children's Services (CCS) Program** coordinates and authorizes specialized medical care and provides rehabilitation for children with special health care needs from birth to 21 years of age who reside in California, who have a CCS eligible medical condition, and meet income eligibility guidelines. Eligible clients receive diagnostic evaluation; treatment services; occupational and physical therapy; and medical case management. For more information, or help filling out an application, call toll free 1-800-762-3003 or 530-233-6311 or visit Modoc County CCS Office at Modoc County Health Department, 441 N. Main Street, Alturas, CA 96101.

Child Health and Disability Prevention Program (CHDP) provides for the early detection and prevention of disease in children. If a condition is discovered, referral and follow-up assistance is provided. The local administration office offers outreach, education, basic information and referral, provider relations and quality assurance/care coordination for medical providers. Children enrolled in Medi-Cal (0-21 years old) or who meet income eligibility guidelines (0-19 years old), who are enrolled in the Federal Head Start or State Preschool Program, or are in foster care are eligible to receive well-child exams through CHDP. For more information, contact Linda Nelson, RN, CHDP Program Manager, toll free 1-800-762-3003 or 530-233-6311.

HIV Counseling and Testing takes place every Wednesday, 9:00 am - 11:00 am. Call 530-233-6311 to make a confidential HIV screening appointment.

Free TB Testing is available Tuesdays from 8:30 am - 9:00 am and reading/results are available Thursdays from 8:30 am -

9:00 am.

Free Pregnancy Testing is available Tuesdays from 9:00 am - 10:00am or by appointment.

These services are provided at:

Modoc County Department of Health Services
Public Health Department
441 N. Main St.
Alturas, CA 96101
1-800-762-3003
1-530-233-6311

For more information about programs and services in Modoc County, click [here](#).

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NHF is an independent, charitable, tax-exempt 501(c)(3) corporation dedicated to improving and enhancing the healthcare of the underserved by developing and supporting innovative programs that 1) can become independently viable, 2) provide systemic solutions to gaps in healthcare access and delivery and that 3) have the potential to be replicated nationally.