

CHAMP-Net News

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CHAMP-Net is a program of the National Health Foundation (NHF).



Click [here](#) to visit NHF's website.

Important Links/Information September 2010

[IMPORTANT REMINDER FOR HEALTHY KIDS 6-18 PROGRAM IN LOS ANGELES](#)

[September 2010 CHAMP Training Schedule](#)

[Healthcare Program Options in Los Angeles County](#)

[FREE and LOW-COST Dental & Vision Services for LA County Kids and Teens](#)

Hello CHAMPers!

For most kids, September means back to school. Last month, we reminded you about the importance of staying up-to-date on children's vaccines. This is especially important to remind families about as they prepare to send their children back to school. In addition, now is a great time to remind families about regular medical, dental and vision check-ups for their children. Not only do healthy children miss less school, but they are better prepared to learn and more able to pay attention; they also perform better in school. When working with a family, talk to them about the importance of regular check-ups for their children and find out if they have or know of a doctor or clinic where they can take their children. If they don't know of one, they might need your help finding a doctor or clinic that accepts their insurance (Medi-Cal, Healthy Families, Healthy Kids, etc) or provides no- or low-cost care to uninsured children and families. For some low-income families, a referral to the [Children's Health & Disability Prevention \(CHDP\)](#) Program is a great place to start!

In this month's issue of CHAMP-Net News, we highlight many more important topics of interest to health advocates including:

- [News & Events](#)
 - Antelope Valley Community Resource Fair
 - Attention Los Angeles County Residents: Free Health Screenings
 - Health Fair - Community Health Improvement
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Have a question/
comment regarding
CHAMP-Net or CHAMP-
Net News? Please share
your suggestions by
contacting
the CHAMP team at
askthetrainers@champ-net.org
or 213.538.0774. We
look forward to hearing
from you!

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***Spotlight on:
[Pregnant and Parenting
Teens Program Expands to
a 7th Los Angeles County
High School](#)
Each month CHAMP-Net
News highlights a
current NHF project.***

We are pleased to announce the expansion of the *Pregnant Teen and Parenting Support Program* to a 7th school! Adding to the efforts to support first-time teen parents, NHF has formed a new partnership with Huntington Park High School to implement the *Harold Cares about Your Future: Pregnant Teen and Parenting Support Program*. This exciting

- [CHAMP-Net's County of the Month](#) - Solano

Best,

Brooke Fox, Program Manager

News and Events

Antelope Valley Community Resource Fair

Resource information on education, employment, child care, legal services, youth services and more! Back-to-school backpack giveaway while supplies last; remembering September 11, 2001; activities for the kids and free refreshments for everyone. Free seminars on housing, wealth building, raising healthy children, child safety and more. Free door prize drawings throughout the day and a grand prize drawing.

Location: YMCA/Lancaster City Park, 43001 10th Street West, Lancaster, CA

Date: September 11, 2010

Time: 10:30 a.m. to 2:30 p.m.

Free Health Screenings for LA City Residents

FamilySource -Cypress Park is hosting free Health Screenings for Los Angeles residents that have low to moderate income. The Cypress Park FamilySource Center has partnered with Arroyo Vista Family Health Center to provide: Vision Screenings, Hearing Tests, Blood Pressure Checks, Height/Weight, and HIN1 Vaccines (limited to availability). The FamilySource Center - Cypress Park is a one-stop community resource hub offering *FREE* services and programs for Los Angeles city residents to help improve family and individual income and youth academic success. Please provide your proof of address, income and photo identification.

Location: FamilySource Center - Cypress Park, 929 Cypress Ave. Los Angeles, CA. 90065

Dates: September 16, October 21, November 18 & December 16

Time: 9:30 a.m. - 12:00 p.m.

For more information please call 323-226-1682 or Arroyo Vista Family Health Center 323-987-2028.

Health Fair - Community Health Improvement

Attention Los Angeles County Residents! Providence Center for Community Health Improvement will be hosting a *free* health fair that will provide health screenings to Los Angeles County residents. Additionally, the community will also receive health information to foster a healthy lifestyle.

Location: Santa Rosa Church, 668 S. Workman Street, San Fernando, CA 91340

Date: September 19, 2010

accomplishment provides NHF the opportunity to work with teen parents from a previously unexplored area - Southwest Los Angeles. This partnership will enhance the goal of empowering more teen parents from surrounding Los Angeles areas to make healthy decisions for themselves and their babies, and encourage the prevention of subsequent unplanned pregnancies. NHF will implement the *Pregnant Teen and Parenting Support Program* at the school site this spring.

The *Pregnant Teen and Parenting Support Program* is a 10-week workshop series designed to promote responsible parenting and assist teen parents in accessing appropriate resources for overall care, health and safety. This year, NHF will implement the program at seven LAUSD high school sites.

For more information about this program, please contact Jeanette Peña at jpena@nhfca.org.

Time: 9 a.m. to 3 p.m.
Cost: *Free*

2010 Wellness Campaign through Food Stamps Outreach

The Office of Supervisor Zev Yaroslavy, the Los Angeles County Department of Public Social Services, and St. Joseph Medical Center are hosting the *2010 Wellness Campaign through Food Stamps Outreach*. The event will provide the public an opportunity to complete a Food Stamp application and meet with a DPSS staff member on the same day.

Location: St. Joseph Medical Center, 204 Hampton Drive, Venice, CA

Date: September 29, 2010

Time: 8:00 a.m. to 3 p.m.

Contact Rebecca Amado-Sprigg at 310-396-6468, Ext. 331, or DPSS Community Outreach Coordinator, Hang Nguyen, at 562-908-8508

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Healthcare Reform Update

Patient Protection and Affordable Care Act

Starting September 23, 2010, many parts of the Patient Protection and Affordable Care Act take effect. Commonly referred to as the Affordable Care Act, ACA or "healthcare reform," the law includes many important changes for children in families. Some of these changes include:

- Extending coverage for young adults up to age 26 on their parents' plan
- Requiring health plans to cover preventive care at no cost
- Prohibiting insurance companies from canceling coverage
- Prohibiting denying coverage of children based on pre-existing conditions

Many of these changes apply to both individual and group health insurance but will depend on when the individual or family enrollees in the health plan. More information about these changes can be found online at Healthcare.gov.

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Program Updates

2009 Federal Income Guidelines Will Remain in Effect for Remainder of 2010

The U.S. Department of Health & Human Services (HHS) releases the Federal Income Guidelines (FIG) every year on April 1st which are effective through March 31st of the following year. This year, HHS delayed the release of the 2010-2011 FIGs and on August 3rd, HHS released a notice stating that the 2009 FIGs will be used for the remainder of 2010 and expects to publish the updated figures in January 2011. Click here to [view](#) the 2009 FIGs and remember be sure to check [CHAMP-Net](#) for future updates.

Attention Los Angeles County CAAs: Healthy Kids Mailing to Start in the Coming Weeks!

If you are a CAA or health outreach worker in Los Angeles County, please read the following. With the help of the Department of Public Social Services (DPSS), L.A. Care Health Plan will begin a mass mailing to children ages 0-5 that currently have Restricted (also known as Emergency) Medi-Cal letting families know that their children could possibly be eligible for the Healthy Kids program, which provides comprehensive health care to children from birth through their 19th birthday. The letter also contains telephone numbers where families can call for more information to apply for the program. If families come to you with this mailing, encourage them to call and/or apply for the Healthy Kids Program. As always, the CHAMP Team applauds your commitment and continuous efforts to ensure that our children and families have access to healthcare they need to remain healthy.

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CHAMP-Net's Tip of the Month: Using Your Dental Benefits

As you prepare your children to return to school, don't forget to schedule their routine dental check-up. It is recommended that children visit the dentist at least every six months (twice per year) or as often as recommended by the dentist. Children should visit the dentist by the age of one. Regular check-ups with the dentist help children prevent cavities and maintain healthy teeth and mouths. Preventive dentistry means keeping teeth healthy, leading to healthy growth and development for children as disease in the mouth can affect the rest of the body. Preventive care costs less and is less severe and invasive. It is better to take children to a dentist early and practice good oral health care at home to prevent dental caries or other serious oral health problems. If a problem such as dental caries is not treated, it could lead to tooth loss and infection. Preventive care leads to better oral health and healthier children.

To assist children enrolled in the [Los Angeles County Healthy Kids Program](#) in finding a dentist, CAAs should request an updated SafeGuard dental provider directory from LA Care Health Plan using this [order form](#).

Ask The Trainer Question of the Month

**We would like to make a correction to the August Ask the Trainer Question of the Month: Healthy Way LA requires applicants to be a U.S. Citizen or Legal Resident for 5 years and does NOT require county residency for a certain length of time. Thank you to Donald Nollar of Maternal and Child Health Access for bringing this to our attention and for his commitment to enrolling families in appropriate coverage.*

Dear Trainer,

If a woman is applying to Medi-Cal for her pregnancy and lives with her boyfriend but they do not have other children together, does the Medi-Cal program count the boyfriend's income toward the pregnant woman's family income?

Sincerely,

Jesse

Hi Jesse,

When determining family income under the Medi-Cal program for the pregnant woman, there are only three possible incomes that count. They are the incomes of the following individuals:

- The pregnant woman,
- The husband

OR

- The father of the baby (but only if he lives in the home with the pregnant woman and they have other children in common)

In this case, the boyfriend's income does **NOT** count toward the pregnant woman's family income since the couple is not linked through marriage or the birth of a common child.

Hope this helps!

Sincerely,

The CHAMP Team

Training

Did you know the CHAMP Training program offers Application Documentation training? This 3 hour training helps participants become more acquainted with all of the documents that can be used to apply to various healthcare coverage programs such as Medi-Cal and Healthy Families. Participants will practice using documents required for proof of income (tax forms, profit and loss statements, and self affidavits), proof of deductions, proof of California residency, and much more! If you would like to schedule an Application Documentation training, please contact, Tricia Fitzgerald at (213) 538-0778 or tfitzgerald@nhfca.org.

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CHAMP-Net's County of the Month: Solano

Situated midway between San Francisco and Sacramento, Solano County is a growing community. The mission of Solano County Health Services is to improve the health and quality of life for people in the community by promoting health and safety, and prevent disease, injury, and premature deaths through individual and population-based services. Below are some of the programs offered to Solano County residents.

California Children's Services (CCS) is a countywide program that treats children birth to 21 years of age with certain physical limitations and chronic health conditions or diseases. CCS can authorize and pay for specific medical services and equipment provided by CCS-approved specialists. In addition, CCS offers a medical therapy program that provides occupational and physical therapy services to eligible children. For more information call, **1-800-826-3452**.

Child Health and Disability Prevention Program (CHDP) is a federal and state supported preventive healthcare program that provides free health check-ups for children up to age 19 in low-income families. Children receive complete preventive exams at no cost. For more information call, **707-784-8670** or **1-800-826-3452**.

Prenatal Care Guidance Program is a program for pregnant women designed to assist them in obtaining early and regular prenatal care by providing the following services: schedule prenatal appointments, educate and help enroll women into temporary Medi-cal, provide resources on transportation, family planning, and other health and medical services. For more information, call the *Women, Children & Teen Toll Free Line* at **1-877-680-2229**.

Family Health Services Clinic provides primary health and dental services to Solano County residents.

- Fairfield Clinic Site- to schedule an appointment, please call (707) 784-2010 (phone hours are from 8:15 a.m. to 5 p.m.)
- Vallejo Clinic Site- to schedule an appointment, please call (707) 553-5509 (phone hours are from 8:15 a.m. to 5 p.m.)

AIDS Prevention and Care- this program strives to prevent the spread of HIV by providing leadership and coordination throughout Solano County for; HIV/AIDS prevention and risk reduction, mobile HIV testing and outreach, and intervention strategies. For more information, please call **(707) 553-5557**.

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NHF is an independent, charitable, tax-exempt 501(c)(3) corporation dedicated to improving and enhancing the healthcare of the underserved by developing and supporting innovative programs that 1) can become independently viable, 2) provide systemic solutions to gaps in healthcare access and delivery and that 3) have the potential to be replicated nationally.