

Introduction

Using the manual to help adults access health coverage and services

Uninsured adults and those who assist them with accessing and using health resources need information about healthcare coverage and services for adults as well as their children! The information in this manual focuses on adults age 19 years old and above. However, some Medi-Cal programs cover all family members when there is linkage to a child (section 3).

This manual is designed for assistors who help families enroll in health coverage programs and who provide referrals to health services. Parts of Section 6 and all of Section 7 describe services available only to Los Angeles County residents, while other sections of the manual can be used by those assisting residents of any county in California. The term “assistor” as used in the manual refers to anyone who helps families identify and access health programs or health services. They may be health advocates who refer families to appropriate health resources or Certified Application Assistants (CAAs) whose primary role is assisting families enroll into health coverage programs.

Some of the important features of this helpful resource manual are listed below:

- Who is your client? (Page 1-3) matches health resources with the needs of adults by directing them to appropriate sections of the manual
- Screening guides (Beginning of Sections 3 and 4) help assistors compare programs and direct clients to appropriate Medi-Cal programs and services.
- Los Angeles County Programs (Section 7) describes health services that are specifically available to Los Angeles County residents
- Resource guide (Section 9) for assistors and clients who want to contact programs or find additional information on specific health programs and services
- Glossary (Section 10) defines terms used in the manual

Staying up to date on health programs and services for adults

Assistors who want to learn more about CHAMP, CHAMP-Net and National Health Foundation (NHF) are encouraged to use the contact information below.

- Call 1-213-538-0778 for more information
- Visit www.CHAMP-Net.org to learn more about CHAMP training and CHAMP-Net
- Visit www.nhfca.org for more information about National Health Foundation (NHF)

USE THE FOLLOWING CHART TO FIND HEALTH RESOURCES FOR CLIENTS

Look at the definitions under **Who is your client?** When you have found a description of a client who matches your client, use the page numbers at the right to direct you to the page containing health resources that may be appropriate for the client.

Section **Who is your client?**

PAGE

3

Low-income adult with minor children seeking Medi-Cal coverage for the family	3-2, 3-7
Low-income adult whose family is losing Medi-Cal benefits due to increased earnings	3-4
Low-income adult whose family is losing Medi-Cal benefits due to increased child or spousal support	3-6

4

Disabled adult seeking Medi-Cal coverage	4-2, 4-4
Disabled working adult needing Medi-Cal coverage	4-6
Disabled adult who needs help paying for Medicare premiums	4-8
SSI recipient who has lost benefits due to cost-of-living increases in Social Security	4-9

5

Adult seeking services under Medi-Cal who falls into one of the following categories:	
— Adult needing treatment for tuberculosis	5-1
— Adult needing kidney dialysis or related services	5-2
— Woman needing cervical cancer screening or treatment	5-3, 5-4
— Woman or man needing breast cancer screening or treatment	5-3, 5-4
— Young adult under 21 seeking confidential services	5-7
— Former foster care child reaching the age of 18	5-9

Section Who is your client? **PAGE**

6

Uninsured low or middle-income pregnant woman	6-1
Adult seeking family planning services	6-7
Disabled adult needing support services at home	6-8
Individual with a genetic handicap needing special services	6-9
Veteran seeking health services	6-10
Adult living in Los Angeles County in need of:	
— Treatment for HIV or AIDS	6-11
— Mental health services	6-12
— Drug or alcohol treatment	6-13
— Smoking cessation programs	6-13
— Prostate cancer treatment (men only)	6-14

7

Uninsured adult in Los Angeles County needing low-cost medical services	7-1
Individuals living in Los Angeles County needing dental and/or vision services	7-8
Individuals living in Los Angeles County seeking information about special plans for kidney dialysis, tuberculosis or post-polio	7-10

8

Medi-Cal recipient with high cost medical condition who needs help paying for private health coverage	8-1
Worker facing a change in employment who wants to continue medical coverage for self and/or dependents	8-2
Individual who is not able to access or keep health coverage or who has high health premiums due to pre-existing health condition	8-6, 8-8

9

Individual not eligible for public programs seeking private insurance	9-4
--	------------

