

CHAMP-Net News

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program
of the National Health
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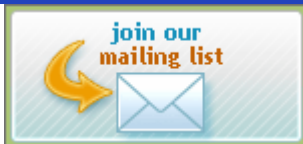
Click [here](#) to visit
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Have a question/
comment regarding

Hello CHAMPers!

It is with great pleasure that I would like to introduce myself: my name is Johana Alvarado and I am the newest member of the CHAMP team. As a Program & Education Specialist for the National Health Foundation, my goal will be to provide health advocates with all the resources and knowledge they need to make sure that our communities have access to appropriate healthcare coverage. I am very excited to be here and I cannot wait to see you all at future CHAMP trainings.

October is National Dental Hygiene Month and a perfect time to reconsider your oral health habits. The CHAMP team would like to remind you that in order to maintain good oral health, it is essential to brush and floss twice a day and visit the dentist regularly. Healthy gums and teeth also require a nutritious diet, so don't forget to stock up on fruits and vegetables. Halloween is right around the corner, so take this opportunity to remind the families about the importance of oral health and limiting sugary foods. Please feel free to refer to the [CHAMP Children's manual](#) for more information on how to maintain a healthy mouth.

In this month's issue of CHAMP-Net News, we highlight the re-opening of the Healthy Families Program as well as many other important topics of interest to health advocates:

- [News & Events](#)
 - Wendy Greuel's 6th Annual Child Health & Safety Fair
 - 2009 Fall Health & Safety Fair
 - Ninth Annual Binational Health Week
 - 2009 School Wellness Conference
 - Club Rotario de Latinos Unidos & St. Joseph's Center: "Dia de Salud" Health Fair
 - Valley Trauma Center Annual Children's Safety Fair
 - *Free* Lecture Series Substance Abuse Treatment and Prevention
- [Healthcare Coverage Program Updates](#) - Healthy Families
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- [CHAMP-Net's County of the Month](#) - Yolo

Best,

CHAMP-Net or CHAMP-Net News? Please share your suggestions by contacting the CHAMP team at askthetrainers@champ-net.org or 213.538.0774. We look forward to hearing from you!

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***Spotlight on:
19th Annual City Match
Urban Maternal Child
Health Leadership
Conference
Each month CHAMP-Net
News will highlight a
current NHF project.***

This August 2009, Mia Arias, Project Manager at NHF, attended the 19th Annual City Match Urban Maternal Child Health Leadership Conference in New Orleans to represent the Los Angeles Chronic Disease Management Consortium (CDMC). The theme of the conference was *"Reinventing Maternal and Child Health: Rising to the Challenge, Committing to the Future"*. In line with this theme, NHF was asked to present on the role of CDMC as a community based coalition working to create change and improve the health of communities. As such, the presentation focused on the accomplishments made by the CDMC to provide free chronic disease management and prevention education to the patients and community members of collaborating hospitals. Emphasis was placed on the value of using the consortium model as a vehicle

Johana Alvarado, Program & Education Specialist

News and Events

Wendy Gruel's 6th Annual Child Health and Safety Fair

Councilwoman Wendy Greuel's 6th Annual Child Health and Safety Fair will offer health and safety information, medical and dental screenings, along with information on nutrition, child abduction prevention, fitness, sports, swimming pool and bicycle safety, and bicycle safety tips, including safety helmet giveaways.

Date: October 3, 2009

Time: 10:00 a.m. to 2:00 p.m.

Location: Valley Plaza Recreation Center, 12240 Archwood St North Hollywood, CA 91606

2009 Fall Health Fair

Health information, safety information, screenings, and much more for the entire family! There will be free flu shots and free immunizations (families must bring immunizations records- yellow cards). Please see the [flyer](#) for more information.

Date: October 3, 2009

Time: 10:00 a.m. to 2 p.m.

Location: 12322 Washington Blvd., Whittier, CA (Home Depot parking lot Parking lot located at Washington Blvd. near Lambert Road)

Ninth Binational Health Week

Binational Health Week (BHW) is one of the largest mobilization efforts of federal and state government agencies, community-based organizations, and volunteers in the Americas to improve the health and well-being of the underserved Latino population living in the United States and Canada. It encompasses an annual weeklong series of health promotion and health education activities that include workshops, insurance referrals, and medical screenings. BHW fosters community solidarity through the extensive mobilization of existing resources and the organization of volunteers working together for a common goal. The events are coordinated by networks forged among agencies and community organizations with the purpose of reaching out the most disadvantaged and vulnerable people, especially those without medical coverage. Please visit your [county](#) at the [Binational Health Week website](#).

Date: October 3-15, 2009

Times and locations vary by county

2009 School Wellness Conference

The California School Boards Association, the California Department of Education and the California Department of Public Health will bring together

for developing and implementing programs for diverse, high-risk communities. In addition, lessons learned and challenges and barriers encountered during this multi-year project were highlighted and discussed. The abstract for this presentation was recognized at the conference with an honorable mention for the "Kathy Carson Promising Practices" award, distinguishing programs and initiatives that demonstrate practices that can be replicated to advance and improve maternal and child health. The CDCM is currently continuing its efforts and important work through the development and implementation of its Heart HELP cardiovascular disease prevention program.

For more information about this project, contact Mia Arias at marias@nhfca.org.

a diverse group of school community leaders who play a role in creating sustainable healthy school environments. The conference will address critical health issues and their link to academic achievement, such as nutrition, physical education and activity, mental health, oral health, diabetes, indoor air quality, asthma and more. To register, please visit [School Wellness Conference](#) website .

Date: October 6-7, 2009

Location: The Marriott Hotel in Anaheim

Cost: The conference registration fee is \$275

Club Rotario de Latinos Unidos & St. Joseph Center: "Dia de Salud" Health Fair

Club Rotario de Latinos Unidos in partnership with St. Joseph Center is holding its first annual health fair. The purpose of the event is to inform the community about disease management and prevention while providing a welcoming environment. Our second aim is to provide informational booths, workshops, and screenings for all ages in order to promote healthy living for the entire family. Please visit Club Rotario de Latinos Unidos [website](#) for more information.

Date : October 10, 2009

Time: 10:00 a.m. to 4:00 p.m.

Location: St. Joseph Center, 204 Hampton Drive, Venice, California 90291

Valley Trauma Center Annual Children's Safety Fair

The Valley Trauma Counseling Center (VTCC) along with the San Clarita and Santa Fernando Valley Child Abuse Prevention Council will be hosting a children's safety fair for the Santa Clarita Valley Community. The purpose of this fair is to provide information for English and Spanish speaking community members on safety issues such as, but not limited to, accidental poisoning, dental care, bicycle helmet safety, children's car seat safety, pool safety, low-cost medical insurance for children & families, nutrition and meal planning, fire safety, healthy relationships, mental health, domestic violence and child abuse prevention.

Date: October 10, 2009

Time: 11:00 a.m. to 2:00 p.m.

Location: Newhall Community Center at 22421 Market Street
Newhall, CA 91321

County of Los Angeles - Department of Public Health, Alcohol and Drug Program Administration, with UCLA Integrated Substance Abuse Programs and the Pacific Southwest Addiction Technology Transfer Center Presents Free Lecture Series on Substance Abuse Treatment & Prevention

The Los Angeles County Alcohol and Drug Program Administration, UCLA Integrated Substance Abuse Programs, and the Pacific Southwest Addiction Technology Transfer Center present a quarterly lecture series featuring current information on substance abuse treatment and prevention. To register, please visit [Pacific Southwest ATTC](#) website.

Date: October 23, 2009

Time: 10:00 a.m. to 1:00 p.m.

Location: Alcohol and Drug Program Administration, 1000 S. Fremont Avenue, Lecture Hall Bldg. A-7, Alhambra, CA 91803

Cost: *Free*; Parking at the ADPA Alhambra campus costs \$3.00 per vehicle. Carpooling is strongly encouraged.

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Healthcare Coverage Program Updates

Healthy Families Program

We are excited to share that as of September 17, 2009, the Healthy Families Program has re-opened to new enrollment. Now that MRMIB has secured sufficient funding it has avoided disenrollments and opened the program to new enrollment. Applications from the wait list will be processed according to their date of application with the oldest applications processed first. It will take an estimated 30 days to process all the applications for the waitlisted children and notify families whether their children are eligible and enrolled. Families that submitted proof of income more than 45 days ago will be notified via mail to re-submit current documentation.

Healthcare coverage begins 10 days after enrollment in the program. For newly submitted applications, families should expect that processing will take slightly longer as Healthy Families works to enroll those children on the wait list.

If you have worked with families on the wait list, it is important to notify them of this change and the delay in processing of applications. You should continue to submit new applications for eligible families and tell them about the delay as well.

In order to help fill the funding shortfall, MRMIB voted to implement the following measures that will take effect on November 1, 2009.

- New members must enroll in a DMO for the first 2 years of enrollment; after 2 years members can enroll in a DPO during annual open enrollment.
- Increase co-pays from \$5 to \$10 for non-preventative services including: outpatient services, outpatient mental health, home healthcare, alcohol and drug abuse services, physical, occupation and speech therapy, biofeedback, acupuncture, chiropractic, and certain dental and vision benefits.
- Increase co-pays from \$5 to \$15 for emergency services unless hospitalized.
- Increase co-pays from \$5 to \$10 for generic prescription drugs, and to

\$15 for name-brand drugs (or \$10 if no generic is available)

- Increase premiums for Categories B and C:
 - Category B (150-200% FIG): increase from \$12 to \$16 per child and increase the family maximum from \$36 to \$48
 - Category C (200-250% FIG): increase from \$17 to \$24 per child and increase the family maximum from \$51 to \$72

As the Healthy Families Program has gone through many changes, we applaud your continuous efforts in assisting families navigate through these difficult and challenging times. As always, the CHAMP team will continue to keep you updated on any program changes.

Please visit the [Healthy Families Program](#) website for more information or [CHAMP-Net](#).

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CHAMP-Net's Tip of the Month: Healthy Families Program OPEN for New Enrollment! Apply now!

Great news! Since September 17, 2009, MRMIB has begun to enroll children on the Healthy Families Program waitlist and has re-opened for new enrollment. The administrative vendor, Maximus, has begun processing applications for those children who were on the waitlist. For children that were on the wait list, the enrollment process could possibly take up to **30 days** as well as notifying families of their children's enrollment. The oldest applications are being processed first and families that submitted proof of income that is over the 45-day limit will be notified via mail to re-submit current documentation. If a family submitted an income tax form as proof of income, new documentation will not be needed. Remember, coverage begins within **10 days** after enrollment to the program.

Inform families that the Healthy Families Program is open for new enrollment and encourage them to apply today! Items that should be included with the application are:

- Proof of income
- Deduction documentation (if applicable)
- Identification with name & address
- Proof of children's immigration status/US Citizenship*
- First premium payment*

*Due within 60 days of application

Be sure to visit [CHAMP-Net](#) for any additional forms you may need to include with the families' application.

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Ask The Trainer Question of the Month

**We would like to make a correction on September's Ask the Trainer Question of Month: Medi-Cal under the Medically Indigent (MI) program covers individuals under 21 who are living with a parent, with no connections to 1931(b) and/or deprivation criteria. It also covers children under 21 who are not living with a parent Thank you to Maria Hernandez of Orange County for bringing this to our attention and for her commitment to enrolling families in appropriate coverage.*

IT'S BACK! IF YOU WOULD LIKE YOUR AGENCY'S NAME AND QUESTION HIGHLIGHTED IN THIS SECTION OF CHAMP-NET NEWS, MAKE SURE YOU ARE THE FIRST TO ASK A QUESTION IN OCTOBER! Email us at: askthetrainers@champ-net.org

Hi Trainers,

I would like to know how I can get help from Medi-Cal if I travel out of the state?

Sincerely,

Jesse

Hi Jesse,

When traveling out of the state of California, take your BIC (Beneficiary Identification Card) or proof of enrollment in a Medi-Cal health care plan with you. Medi-Cal can help in limited situations; for example, in an emergency due to accident, injury, or severe illness, or when your health would be endangered by postponing treatment until you return to California. Medi-Cal must first approve any out-of-state inpatient medical service before you get the service. You will be responsible for medical costs for services you got out-of-state if the medical provider is not a Medi-Cal provider or does not wish to become a Medi-Cal provider.

The provider should first verify eligibility by contacting the fiscal intermediary at (916) 636-1960. The provider may get information on coverage, authorization and billing procedures by contacting the following:

Medical Services

Dept. Of Health Care Services
Medi-Cal Field Office
P.O. Box 193704
(415) 904-9600

Dental Services

Delta Dental
Denti-Cal
11155 International Drive, Building C

Rancho Cordova, CA 95670
(800) 541-5555

Note: You may not get Medi-Cal if you move out of California. You may apply for Medicaid in the state in which you live.

This information was obtained from the Department of Health Care Services, for more information please refer to the [website](#).

Sincerely,

The CHAMP Team

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CHAMP Training: One-Hour Overview

The CHAMP project develops and provides **FREE** training and education workshops to community health advocates. One of the many suggested trainings and most popular within the community is the CHAMP One-Hour Overview training. This training session is designed for parents and/or agency staff and provides basic information about available healthcare coverage programs including coverage for oral health services. If specified, this training may also be modified to meet specific time and agency needs.

If you or anyone at your agency is interested in a customized training, please contact Tricia Fitzgerald at 213.538.0778 or tfitzgerald@nhfca.org to schedule a training. We look forward to seeing you soon!

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CHAMP-Net's County of the Month: Yolo

The mission of the **Yolo County** Health Department is to protect and enhance the health and safety of the residents of Yolo County. The Yolo County Public Health Department provides services for all residents of the County which include detection and prevention of communicable diseases, health education, immunizations, and registration of births and deaths. They also support and monitor special programs for families with children, senior citizens and other populations with special health needs. Below is a brief listing of some of the health services available in Yolo County. For a more in-depth list, please visit Yolo County's [website](#).

Yolo County Department of Alcohol, Drug, and Mental Health Services provides a range of mental health services to community members of all ages, including adults, older adults, children, and youth. Services are aimed at helping individuals with serious mental illness live as contributing

and successful members of their families and communities. The Department also provides a range of alcohol and drug prevention and treatment services. The Department is located at 137 N. Cottonwood Street, Suite 2500, Woodland and can be reached at (530) 666-8516

The **Yolo County Healthcare for Indigents Program (YCHIP)** was designed to provide medically necessary health care for qualified residents of Yolo County. Eligibility for the program is determined on the basis of residency and income. To apply for YCHIP certification, you will need to come to the YCHIP office for an interview. YCHIP members may visit any approved clinic for medical care. Please contact (530) 666-8690 or (916) 375-6200 x9857 for further information.

CommuniCare Health Centers has a **HIV/AIDS Case Manager** who works in partnership with persons infected with HIV and their families to secure health care and other needed assistance. A focus on health promotion and strict confidentiality are part of this case management. Any resident of Yolo County who is infected with HIV is entitled to these services under Ryan White CARE Act funding. For further information please visit [CommuniCare Health Centers](#).

Adolescent Family Life Program (AFLP) is a comprehensive and voluntary home visiting and case management program for pregnant and/or parenting teens (mothers and fathers). The goal of this program is to promote the health and well-being of the pregnant and/or parenting teen, their children, and their partners, as well as to encourage teens to finish school, and to prevent repeat unplanned pregnancies. Referrals are accepted from teachers, counselors, medical providers, various other providers and teen parents who are pregnant and/or parenting themselves. For more information or to make a referral, please call (530) 666-8465 and ask for the AFLP Program Director.

Children in Yolo County can access a variety of statewide healthcare coverage programs as well as a local program for uninsured children not eligible for other public coverage. **Healthy Kids** provides comprehensive medical, dental, vision, and mental health services for children to children under 19 years of age residing in Yolo County. Family income must be at or below 300% FIG and children cannot be eligible for no-cost full-scope Medi-Cal or Healthy Families or have been covered by employer-sponsored insurance within the last 3 months. Currently there is a waiting list for children ages 6-18.

Families will pay a monthly premium of \$4 to \$15 for each eligible child, up to a maximum of \$45 per family. A co-payment of \$5 per doctor visit, prescription drugs, emergency services, or other services may apply. The annual co-payment limit is \$250 for families.

For further information please contact the Yolo County Children's Alliance at (866) 607-4030 or at (530) 757-5538.

For further information, please visit [Yolo Healthy Kids](#).

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NHF is an independent, charitable, tax-exempt 501(c)(3) corporation dedicated to improving and enhancing the healthcare of the underserved by developing and supporting innovative programs that 1) can become independently viable, 2) provide systemic solutions to gaps in healthcare access and delivery and that 3) have the potential to be replicated nationally.